



REGISTRATION PACKET



First and foremost we would like to thank you for your interest in joining #TeamTrotters. It's our intention to have as big a team as possible to show support for the cause of bringing awareness in our community, treament, support, and hopefully a cure.

The phrase «Who are you Struttin' For?» holds special significance for members of our professional sports team and front office. We believe in the mission of Sista Strut and earnestly thank you for joining #TeamTrotters!

-DeWarren Smith

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HOW TO REGISTER

Online registration is simple while online visit Majic 100.3 at:

http://www.kmjm.com/pages/sistastrut.html

From this page scroll down to link that read «Sista Strut Registration» and Follow the links! Remember the cost for team registration is \$30 and is for a great cause! Under Team Name (Enter) #TeamTrotters

Once all fields are completed and payment of \$30.00 for team registration is complete you have just joined #TeamTrotters

If you would like to register by mail please follow directions below

-Mail a money order and registration form to:

Sista Strut 2013

Majic 100.3 /Hallelujah 1600

1001 Highlands Plaza Drive West, Ste. 200

St. Louis, MO 63110

Registration form on next page...



SHIRTS AND RALLY POINTS

Shirts this year are Heather Grey and sport the new Sista Strut logo, pictured below the lovely Tammie Holland in the 2013 Sista Strut Tee.

The Sizes are from Sm to 3XL. Survivor Shirts will be Pink.



We will Rally pre and post race in front of the Missouri History Museum
The St. Louis Trotters Pro Basketball club will provide light snacks and
gatorade for #TeamTrotters members.



POST RACE CELEBRATION SPONSORED BY MVP BAR & GRILL

If you didn't know MVP Bar & Grill is Trotters HQ and you will often find us there! Immediately following the race #TeamTrotters will be treated food and drink specials and live entertainment sponsored by the wonderful folks at MVP!



MVP BAR & GRILL 8021 W. Florissant Ave. St. Louis, MO 63136



The St. Louis Trotters have been around since the early 70's. We started out at St. Stevens Lutheran Church as part of a boy scount team troop #14. From there we moved west to play at the then Yalem Community Center which is now the West End Center playing in basketball leagues, It is at West End Center where all basketball players from both sides of the river came to play. If you were a ball player back in the day you wanted to play at West End . The Trotters had the first AAU team in the inner city, so all players in the city would come and tryout for the team. The Trotters has had a lot of players come thought it's system from Shawn Bush. Randy Reed, Anthony Bonner, Shawn Tunstall, David Thurkil, Dink jones, Rob Wallace, Shotgun Campbell, Ramon Trice, Ken Kaid just and even Hip Hop Superstar Nelly to name a few from the past with 2 of those players going on to play in the NBA! The Trotters is one of the oldest teams still going now, the Scorpions being the other from back in the day. That's just a brief history of the St. Louis Trotters team. As for it's present and future. The St. Louis Trotters are now a fully sanctioned team in the IBA, (Independent Basketball Association) Milan Pepper one of the Pepperboys a well known basketball player in the city of Saint Louis decided it was time to take the Trotters to a new level. In moving our team to the next level it gives our guys a chance to fulfill their dreams of playing on the professional level so that in itself is rewarding for me and the guys!

